

Equipment

1 Sterile Urine Jar

Information

Your Doctor has requested that you provide 1 mid-morning, mid-stream urine specimen.

NB: The first urine specimen of the day is unsuitable for this test and should be discarded.

A mid-morning, mid-stream urine collection is preferred and should be collected some time between breakfast and lunch.

Food and fluids are to be taken, as normal. There is no need to fast.

Collection Procedure

1. Open yellow top container.
2. Pass the first part of the void into the toilet then collect the mid-stream portion into the container. Fill as much of the container as possible.
3. Screw top tightly onto container.
4. Take container to the nearest Laverty Collection Centre as soon as possible.
5. The sample must be collected and sent to the collection centre on the same day.

Please telephone the Collection's Advisor on 02 9005 7121 if you are uncertain about any of these instructions.

For your nearest Laverty Collection Centre, please phone

Tel 02 9005 7000

www.laverty.com.au