

### Equipment

1 Sterile urine jar.

### Collection Instructions

Do not clean genital area.

You must not have passed urine for at least 2 hours.

The first stream of approximately 10 – 15mls of urine must be collected into the sterile container.

1. Patient must wash their hands.
2. The patient must pass a small amount of urine directly into the container. The jar should contain 10-15mls or  $\frac{1}{4}$  full.
3. The jar should be held by the outside, as the inside of the jar and the lid are sterile and should not be touched by skin or fingers.
4. The lid is screwed on the container firmly.
5. Label the container with name, date of birth, date and time of collection.
6. Return the sample to the collection centre as soon as possible on day of collection.

Please telephone the Collection's Advisor on 02 9005 7121 if you are uncertain about any of these instructions.

For your nearest Laverty Collection Centre, please phone

Tel 02 9005 7000

[www.laverty.com.au](http://www.laverty.com.au)