

### INSTRUCTIONS FOR MALE PATIENTS

#### Equipment

1 Sterile urine jar or paediatric urine bag.

#### Procedure

1. Wash hands.
2. If uncircumcised, retract the foreskin.
3. Avoiding touching the inside of the container and the lid.
4. Pass a small amount of urine into the toilet and **without stopping the stream** collect approximately 25mls of urine into the specimen container (i.e. half fill the container). The remaining urine is passed into the toilet. Return foreskin to correct position (if uncircumcised).
5. Screw the lid on firmly and label the container with your surname, first name, date and time of collection.
6. Return the sample to the Collection centre as soon as possible **on the day of collection**. If there is any delay, refrigerate the specimen.

#### For Infants

A small sterile plastic bag may be taped to the perineum after cleaning to retrieve a specimen during the next urination. Specimen can then be transferred into a sterile jar and returned to the collection centre as soon as possible.