



Please carefully follow these instructions:

- N.B. Prior to collecting the specimen, please contact your nearest Symbion Lavery Pathology collection centre for instructions on delivery times.
1. Collect specimen at least 3 days after your last ejaculation. But no longer than 7 days.
 2. Collect the ENTIRE sample by means of masturbation. Other methods, such as interruption of intercourse, are not suitable as there can be a loss of the first portion of the specimen.
 3. DO NOT use condoms, artificial lubricants, talcs etc., as these will interfere with the test.
 4. Collect the specimen in the specially provided container. DO NOT expose the container to extremes of temperature before or after specimen collection. Keep at room temperature, generally 20°C.
 5. Label container with your surname and given name, date of birth, date and time of collection.
 6. For Fertility Testing and Post Vasectomy Testing – You must deliver the specimen to the Collection Centre within half an hour of collection and timed according to the times given to you by the Collection Staff. As it is important that the specimen reaches the testing laboratory within 2 hours of collection.

PATIENTS: PLEASE COMPLETE THE FOLLOWING AND DELIVER WITH THE SPECIMEN

Surname: Given Name:

Address: Telephone No:.....

.....
.....

Date and time specimen collected:/...../.....am

...../...../.....pm

Test for : fertility
 confirmation of sterility after vasectomy
 post vasectomy reversal

Is it more than 2 days since intercourse? Yes / No

Referring Doctor:.....