

Requires one specimen only.

Equipment:

1 brown topped container
1 plastic bag
1 wooden spatula
Instruction leaflet

1. Label container with full name, date of birth, **time** and **date** of collection.
2. Using the spatula provided, place a small amount of faeces (about the size of a 10 cent coin) into the container.
3. Replace top, seal container in plastic bag and place into a recycled ice-cream or margarine container which has water in it. Place container (with specimen in it) in freezer and freeze.
4. Keep frozen until delivery to the collection centre can be arranged.