

## **Faecal Specimen Collection**

1. Using boiling water, wash out a plastic ice cream container (or similar).
2. Place the container in the toilet to catch the motion (specimen).
3. Transfer a sample (as big as a peach stone) into the brown top container using the scoop attached to the lid.
4. If the faeces is too liquid, simply pour into brown top container so it is about half full. Please do not fill.
5. Please wipe the outside of the container with a tissue if it is soiled.
6. Write your name, date and time of collection on the container label.
7. Please deliver as soon as possible. If there is any delay, put the container in a plastic bag and store in the refrigerator.
8. If you are requested to produce more than one specimen, these should preferably be on successive days.
9. If collecting more than one specimen, ensure each specimen is delivered for testing on the same day of collection. Do NOT accumulate all required specimens and deliver only once.